

department channels. The local health department will facilitate obtaining the botulism antitoxin. They will also contact all other exposed persons, collect all the implicated suspicious foods and facilitate the specific toxin diagnosis. If the patient's treatment with antitoxin is begun promptly and supportive therapy is available for respiratory distress and complications, the mortality rate usually will be less than 10 percent. If the patient survives, there usually will be complete recovery with no residual.

STEPHAN BILLSTEIN, MD

REFERENCES

- Werner SB, Chin J: Botulism—Diagnosis, management and public health considerations. *Calif Med* 118:84, May 1973
 Riemann H (Ed): Food-borne Infections and Intoxications, New York, Academic Press, 1969
 Lewis KH, Cassel K Jr (Eds): Botulism Proceedings of a Symposium. Cincinnati, USDHEW, 1964

Isoniazid

ISONIAZID HAS BEEN in clinical use since 1952 and is known to be one of the most potent bactericidal agents against tuberculosis bacilli. The drug is used either in combination with at least one other drug in the treatment of tuberculosis or as a single drug for preventive treatment of infected persons without disease.

For treatment of disease in adults, the recommended daily dose is 300 mg per day. Higher daily doses are not more effective and result in an increased frequency of toxic reactions. The dosage in children is 10 to 20 mg per kg of body weight per day. One of two additional drugs is administered with isoniazid to reduce the chance that

drug resistant organisms will emerge during therapy. At present, it is generally recommended that chemotherapy for tuberculosis be continued for 18 to 24 months, although much shorter courses of therapy (perhaps 6 or 9 months) with certain drug combinations are currently under investigation.

Isoniazid also has been used successfully, in combination with streptomycin or ethambutol, for intermittent twice-weekly chemotherapy of tuberculosis. The adult dosage in intermittent regimens is 15 mg per kg twice weekly. Pyridoxine usually is given concomitantly. Intermittent therapy should always be preceded by an initial daily treatment phase. There is no experience with intermittent therapy in children.

For preventive therapy, the dosage for adults is 300 mg daily, and in children 10 mg per kg of body weight per day, for 12 months. Preliminary results of a current trial suggest that shorter durations of therapy may be as efficacious. While the incidence of adverse reactions including isoniazid-associated hepatitis is low, screening procedures are recommended before starting preventive therapy and monitoring at monthly intervals during therapy.

PHYLLIS Q. EDWARDS, MD

REFERENCES

- Fox W, Mitchison DA: State of the art: Short-course chemotherapy for pulmonary tuberculosis. *Am Rev Resp Dis* 111:325-353, Mar 1975
 American Thoracic Society Statement: Intermittent chemotherapy for adults with tuberculosis. *Am Rev Resp Dis* 110:374-376, Sep 1974
 Joint Statement of the American Thoracic Society/American Lung Association and the Center for Disease Control: Preventive therapy of tuberculosis infection. *Morbidity & Mortality Weekly Report* 24:71-78, Feb 22, 1975

ADVISORY PANEL TO THE SECTION ON PREVENTIVE MEDICINE AND PUBLIC HEALTH

HERBERT BAUER, MD, *Chairman, Davis CMA Scientific Board*

STEPHAN BILLSTEIN, MD
CMA Section on Preventive Medicine and Public Health
Chairman
Sacramento
 ARTHUR C. HOLLISTER, MD
CMA Section on Preventive Medicine and Public Health
Secretary
Berkeley
 DONALD G. RAMRAS, MD
CMA Section on Preventive Medicine and Public Health
Assistant Secretary
San Diego
 RICHARD H. SVIHUS, MD
CMA Scientific Board
Santa Cruz

COLIN T. GREENLAW, MD
Sacramento
 FRANK GASPAR, MD
Loma Linda University
 COUNT D. GIBSON, JR, MD
Stanford University
 NEMAT O. BORHANI, MD
University of California, Davis
 RALPH WEILERSTEIN, MD
Sacramento
 HAROLD MAZUR, MD
University of Southern California
Los Angeles

LESTER BRESLOW, MD
University of California, Los Angeles
 DORIS HOWELL, MD
University of California, San Diego
 NICHOLAS PETRAKIS, MD
University of California, San Francisco
 TIMOTHY CROCKER, MD
University of California
California College of Medicine
Irvine
 WARREN WINKLESTEIN, MD
University of California, Berkeley
School of Public Health